

Recreation ^{and} Fitness Department

The mission of Recreation & Fitness Department youth sports programs is to educate and empower youth through safe, fun, skill-based learning environments that are inclusive to all youth.

Our youth leagues and programs are “RECREATION” level activities, prioritized for the BEGINNER and INTERMEDIATE skilled youth.

We recognize that competition is an inherent and unavoidable element of any sporting activity, but when planning, our department abides by specific guidelines as to promote the positive impact sporting activities can have on our youth.

Note some of the following, that may differ from other leagues:

- Limit of 1 friend request, and the request must be reciprocal; requests from coaches for specific players (*who are not their own children*) and/or requests from parents to play for a specific coach, will not be accommodated.
- Teams are compiled primarily according to skill level, current age, and skill (*this information requested at registration*).
- There are no standings, playoffs, or league champions.
- The provided jersey/uniform is the “participation award”.
- Volunteer coaches are committed to:
 - Ensure all players play equal amounts of time.
 - Ensure that all players have a fair opportunity to learn every position, if desired.
 - Promote good sportsmanship.
 - Respect other coaches, players, staff members, and officials.

Our programs focus on positive coaching, good sportsmanship and equal playing time.

We strive to provide an experience that encourages focus on enjoyment and love of the game, instead of wins and losses.

**Thank you for supporting us in our efforts to
keep the “fun” in youth sports!**

