

2021 lifeguard training sessions and dates

Session 1

Pre screen: February 9th @5-6PM

Class dates: February 9, 11, 13, 16, 18, 20

Tues. & Thurs. 6-9pm Sat. 10AM-2PM

Session 2

Pre screen: February 23rd @5-6PM

Class dates: February 23, 25, 27 Mar. 2, 4, 6,

Tues., Thurs. 6-9pm Sat. 10AM-2PM

Session 3

Pre screen: March 23 @5-6PM

Class dates: March 23, 25, 27, 30, April 1,3

Tues., Thurs. 6-9pm Sat. 10AM-2PM

Session 4

Pre screen: April 5th 9-10AM

Class dates: April 5, 6, 7, 8, 9, 10

Class Times 10AM-2PM

Session 5

Pre screen: April 20st @5-6PM

Class dates: April 20, 22, 24, 27, 29, May 1

Tues., Thurs., and Fri. 6-9pm Sat. 10AM-2PM

Session 6

Pre screen: May 4th @5-6 PM

Class dates: May 4, 6, 8, 11, 13, 15

Tues., Thurs., and Fri. 6-9pm Sat. 10AM-2PM

Pre Course assessment Includes:

1. 300 yard swim using breaststroke or freestyle
2. Brick retrieval and 20 yard swim from 10ft deep
3. 2 min tread without hands

Cost: \$80

Age: Must be at least 15 years old by the last day of class and bring proof of age in the form of valid ID

Must pre-register , a minimum of 24 hours in advance

* if all of the skills cannot be accomplished \$70 of the cost of the class can be refunded. \$10 of the \$80 total is non refundable.

This course is taught with a combination of online and offline skills and learning sessions, when registering make sure you verify that you can attend all class dates and sessions of communicate with the instructor about misses dates or times. When you register please attain one of the training packets form the front desk and follow the syllabus to know what preparation you need to do before the class.