

# Learn to Skate



## Fall 2019 Beginning Ice Skating Classes



Learn to Skate is a year-round skating program for beginners that are looking to develop basic skating skills and have fun. These classes help all skaters learn basic technique and enjoy the sport of figure skating and hockey. Our LTS Program can lead to either improved recreational skating or the development of skills needed to achieve higher team, competitive and advance testing goals. Classes are taught by Cottonwood Heights Recreation Center's qualified skating staff to ensure proper learning and to have a **safe** and **fun** experience for all ages and abilities.

### Fall Session I

6 classes. All levels and ages 3 and up available

**Tuesdays 6:15pm-6:45pm**

Sept 3, 10, 17, 24, Oct 1 & 8

**Wednesdays 6:15pm-6:45pm**

Sept 4, 11, 18, 25, Oct 2 & 9

**FALL SESSION 1 2 FOR 1 SPECIAL DISCOUNT!!!**

Sign-up one skater and get the second skater **FREE!!** In order to receive this discount, you must register in-person at the **CHRC Front Office** and sign-up both skaters at the same time. Space is limited, so register early!

#### REGISTRATION RATES:

**Member-\$55 Non-Member-\$60**

\*Includes 6 classes, 30-min of Instruction, skate rental, and 6 **FREE** public skating sessions!

\$5.00 late fee when registering the first day of class

### Fall Session II & Winter Show\*\*

7 classes. All levels and ages 3 and up available

**Tuesdays 6:15pm-6:45pm**

Oct 22, 29, Nov 5, 12, 19, Dec 3 & 10

**Wednesdays 6:15pm-6:45pm**

Oct 23, 30, Nov 6, 13, 20, Dec 4 & 11

#### REGISTRATION RATES:

**Member-\$55 Non-Member-\$60**

\*Includes 7 classes, 30-min of Instruction & Choreography, skate rental, ice show participation, simple costume to use for the performance and 6 **FREE** public skating sessions!

\$5.00 late fee when registering the first day of class

### \*\*Winter Extravaganza Show:

Each December the Cottonwood Heights Figure Skating Club presents a winter skating show for the public. This year, all skaters that sign-up for our Fall II LTS session on either Tuesdays or Wednesdays at 6:15pm will put their skating skills to use by learning a short group routine performed to the music of the season in class.

Tentative date for this years show is

Friday, December 13th @

Each skater will receive two complimentary ice show tickets. Additional tickets will be available for purchase through the Skating Coordinator. Our annual **FREE** "Skate with Santa" event will follow the performance.

\*For more information on the winter show contact [kathy@cottonwoodheights.com](mailto:kathy@cottonwoodheights.com)



# Learn to Skate

## Specialty Skating Classes



### Cutting Edge Classes

Advanced group lessons for those who have passed Skate level 5. This class is designed to strengthen basic skating skills during a freestyle training session and introduces skaters to beginning spinning & jumping skills.

*Classes are held on Wednesdays from 5:15-6:15pm.*

#### **Fall Session I - 6 weeks**

**Starts Wednesday, September 4th**

#### **Fall Session II & \*\*Winter Show - 7 weeks**

**Starts Wednesday, October 23rd**

*For more information about the Winter Show contact  
kathy@cottonwoodheights.com*

#### CUTTING EDGE REGISTRATION RATES -

**Member-\$60 Non-Member-\$65**

Includes 30-min of Instruction, 30-min of additional practice time following lesson, skate rental & 6 **FREE** public skating sessions

*\*\$5.00 late fee when registering the first day of class*

*\*\*Skaters registered for the Fall Session II & Winter Show session will receive two (2) complementary Winter Ice Show tickets*

### Intro to Free Skate

We are pleased to offer this exciting NEW Specialty Class for those *Cutting Edge* program graduates who want to take their skating to the next level! This class introduces skaters to the preliminary single-rotation jumps and spin positions, while providing parents & skaters with a better look at what the sport of figure skating involves and how to transition into private lessons and club membership.

*Classes are held on Tuesdays from 5:15-6:15pm*

#### **Fall Session I-6 weeks**

**Starts Tuesday, September 3rd**

#### **Fall Session II & \*\*Winter Show-7 weeks**

**Starts Tuesday, October 22nd**

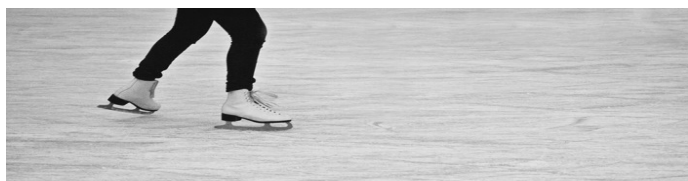
#### INTRO TO FS REGISTRATION RATES:

**Member-\$60 Non-Member-\$65**

Includes 30-min of Instruction, 30-min of additional practice time following lesson, skate rental & 6 **FREE** public skate sessions

*\*\$5.00 late fee when registering the first day of class*

*\*\*Skaters registered for the Fall Session II & Winter Show session will receive two (2) complementary Winter Ice Show tickets*



### Adult Learn-to-Skate

An introduction to the beginning skating skills with an emphasis on fitness and FUN! This class provides an opportunity for couples to learn & skate together. *Classes are held on Saturdays from 10:15am—11:15am*

#### **Fall Session-8 weeks**

**Starts Saturday, September 21st**

*NO class held on Oct 19*

#### ADULT LTS REGISTRATION RATES:

**Member-\$80 Non-Member-\$85**

Includes 8 classes, 30-min of Instruction, 30-min additional practice time following lesson, skate rental & 8 **FREE** public skating sessions

*\*\$5.00 late fee when registering the first day of class*

  
**COTTONWOOD HEIGHTS**  
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