

Learn to Play Hockey



In Partnership with the Utah Jr. Grizzlies



Beginning Fundamentals of Hockey

Learn to Play is tailored to teach the basics of hockey to our newest players. Our overall goal is to introduce each player to the game of hockey in a positive and fun learning environment for all.

The curriculum of this program will be formatted after recommendations from the USA Hockey Association, but under the direction and instruction of the Jr. Grizzlies. The fundamentals focused on are: power skating, agility, stick handling, passing, and shooting. This program prepares those players for recreational or competitive play.

Learn to play is a progressive program and participants are encouraged to attend each session; each session focusing on a different skill set and may not be repeated at any other time during the session.

Learn To Play Sessions

Saturday afternoons
4:15-5:15pm

For ages 4-14
40 participants max

Session #1:

Oct. 13 - Nov. 17

Session #2:

Jan. 12 - Feb. 23

Session #3:

March 9 - April 13

\$75/Session

\$25/session for equipment*

Participants must pass

LTS Level 2

(or equivalent) prior to joining the LTP program.

**Equipment is subject to availability.*

Register in-person at the Cottonwood Heights Recreation Center or online via ActivityReg.com.

If you have any questions, please contact Loni Fa at (801) 943- 3190 ex.154 or loni@cottonwoodheights.com

No equipment? No problem! Equipment can be rented for \$25/session and includes helmets, pads and a stick. Skates cannot be rented on a session-by-session basis, but can be provided each week if necessary. *

Have a 6u or 8u player ready to play on a team? *Flip over!*

6u and 8u Mini-Grizz Hockey Programs



The Utah Jr, Grizzlies, Utah's premier competitive youth hockey association, is proud to partner with the Cottonwood Heights Recreation Center (CHRC) and announce its new 6U and 8U mini-Grizz hockey programs.

Practices will focus on hockey skills and development with an emphasis on FUN. Games will include both inter-squad games as well as games against other local 6U/8U teams.

Players with 2012 or 2013 birth years are eligible for the 6U mini-Grizz program and players with 2010 or 2011 birth years are eligible for the 8U mini-Grizz program.

All players must be able to skate and have proper hockey equipment.



2018/2019 Season

October 15 - March 16

Monday Evenings

(practices)

6-7pm

Saturday Afternoons

(practices/games)

12:45pm-1:45pm

20 players/team

6u - \$300/Season

8u - \$450/Season

Includes jersey and socks for each player

Prior skating experience and participation in LTP program recommended, but not required.

Register in-person at the Cottonwood Heights Recreation Center or online via ActivityReg.com.
If you have any questions, please contact Marcus Pezzolesi at wmaha.jrgrizz@gmail.com

Looking for Learn To Play Hockey?
Flip over!