



Cottonwood Heights Parks and Recreation – Youth Jr. Jazz Basketball Program

Instructional League Rules – Kindergarten – 2nd Grade

The Cottonwood Heights Youth Junior Jazz program is designed to be fun, while developing game skills and focusing on principles of sportsmanship and fair play. *Rule interpretation and enforcement will be at the discretion of the recreation staff (CHRC officials, site supervisors, coordinators, etc.)

Parents, Family, Friends & Fans: Yelling at or harassing (*swearing, bullying, intimidating, threatening*) game officials, the opposing team's fans, any coaches or players will not be tolerated. Such behavior could lead to an ejection from the game and potential league suspension/ban.

High School basketball rules will govern play with the following modifications:

1. Kindergarten 1st/ 2nd grade division will use a junior size ball (27"), and all divisions will play on an eight-foot basket.
2. Every team member must play an equal amount of time.
3. **There will be a 25 minute practice period followed by four, 6-minute quarters using a running clock. The clock will stop on time-outs.**
4. The game will be started with a jump ball. All subsequent jump balls and the start of the remaining quarters will be alternating possessions
5. Officials & Coach will instruct the players to keep moving and not stand still when they are in the key.
6. Hands up defense is taught and stressed in this league. **Free throws will not be called due to the short amount of time in each quarter. When fouls are called, the ball will be inbounded from the out-of-bounds.**
7. Only man-to-man defense can be played. Double teaming will not be permitted. Colored wrist bands will be used to signify who guards each other. No technical fouls will be called as a result of an illegal defense. **Full court press is not allowed at any time during the game. No defense can be played until the ball crosses the half court line. Setting of picks will not be allowed, please do not encourage this at this level of play.**
8. In the Kindergarten Division, the coach can go up and down the floor on the sidelines but cannot be on the court with their team. In the 1st / 2nd grade divisions, the (Head) coach can coach from the bench. 1st / 2nd grade coaches are allowed on the court before each quarter to set their kids up and direct the kids in their position. If there are 2 volunteer coaches on the bench only 1 can be standing up in front of the bench. Yelling at officials, players, opposing team/coach will not be tolerated. Technical fouls can be called if such behavior happens.
9. Any head coach receiving an unsportsmanship Technical foul will be required to sit down on the bench for the remainder of the game. If a coach receives 2 unsportsmanship technical fouls in a single game, he/she will be ejected from the facility and will no longer be able to volunteer coach during the season. A meeting with a program coordinator is required before volunteer is eligible to volunteer and coach again.
10. Each team will receive two, 30 second timeouts per half. Unused timeouts in the first half do not carry over to the second half.
11. CHRC, at its sole discretion, reserves the right to revise rules at any point during the season if necessary.