

# Cottonwood Heights Recreation Center

# YOUTH FLAG FOOTBALL

CO-ED LEAGUE: 1ST & 2ND GRADE, 3RD & 4TH GRADE, 5TH & 6TH GRADE

## SPRING 2019

**CHRC's non-contact flag football program is great for learning the fundamentals of football with an emphasis on fun and fair play. This flag league is recommended for individuals who want a safer alternative to contact football, but is also a great start for kids**

**REGISTRATION OPENS January 7th, 2019**

Deadline for registration is March 18th, 2019

You can register in-person at CHRC or online at [activityreg.com](http://activityreg.com)

\*\*Late registrations must contact Loni Fa

### FEES:

CHRC Members:

**\$45.00\***

CHRC Non-Members:

**\$55.00\***

(includes 8 games and a NFL flag jersey)

\*There will be an additional \$10 fee after March 18th.

### GAMES:

Depending on registrations, games may be played on Tuesday, Wednesdays, and Saturdays

**Weeknight Games: 5pm & 6pm**

**Saturday Games: 8am, 9am, 10am, 11am**

**Game location: Mill Hollow**

### Divisions:

**1st & 2nd Grade**

**3rd & 4th Grade**

**5th & 6th grade**

**\*\*Based off of 2018-19 school grade level**

\*\*Game days listed above are subject to variation. Divisions may be combined or canceled depending on number of registrants.

**WE NEED VOLUNTEER COACHES!**

No experience necessary, just complete the "Parents" box on the back.

**A coaches meeting will be held on March 23rd, 2019**

**GAMES BEGIN APRIL 13TH, 2019**

If you have any questions, please contact Loni Fa at

(801)-943-3190 x154 or [loni@cottonwoodheights.com](mailto:loni@cottonwoodheights.com)

(801) 943-3190

[www.cottonwoodheights.com](http://www.cottonwoodheights.com)

  
COTTONWOOD HEIGHTS  
PARKS & RECREATION

PARENTS - *This program depends on volunteers for coaches!*

**Yes, I am awesome and would love to be a head coach! *[Please provide info below]***

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email Address (required)\_\_\_\_\_

Division of interest (Circle one): 1st - 2nd Grade      3rd - 4th grade      5th - 6th grade

**\*\*All coaches are required to complete a coaches agreement in which requires all coaches to abide by CHRC rules and policies. Failure to comply can lead to a dismissal of coaching duties.**

Any additional information for coaches will be provided to the email address above, as well as at the coach's meeting prior to league start date, Saturday, April 13th, 2019

Coaches may be asked to assist in officiating duties and will be given the option to select their team name from current NFL teams.