



Cottonwood Heights Parks and Recreation – Youth Jr. Jazz Basketball Program

5th-6th Grade Rules

The Cottonwood Heights Youth Junior Jazz program is designed to be fun, while developing game skills and focusing on principles of sportsmanship and fair play. *Rule interpretation and enforcement will be at the discretion of the recreation staff (CHRC officials, site supervisors, coordinators, etc.)

Parents, Family, Friends & Fans: Yelling at or harassing (*swearing, bullying, intimidating, threatening*) game officials, the opposing team's fans, any coaches or players will not be tolerated. Such behavior could lead to an ejection from the game and potential league suspension/ban.

High School basketball rules will govern play with the following modifications:

1. The 5th/6th grade league will use a Men's size basketball and will play on a ten-foot basket.
2. Every team member must play an equal amount of time.
3. There will be four, 8-minute quarters, using a running clock. During the last minute of each quarter the clock will stop on free throws, and time-outs. 3 Minute Half Time Period.
4. The game will be started with a jump ball. All subsequent jump balls and the start of the remaining quarters will be alternating possessions.
5. If a team is up by 20 points a mercy rule will go into effect and the score clock will run with no stops.
6. Officials & Coaches will instruct the players to keep moving and not stand still when they are in the key. **3 second violation may be called by officials.**
7. One-and-one bonus will be awarded on the seventh team foul of each half. Double bonus will be awarded on the tenth team foul. During free-throws players in the marked lane space can enter the key once the ball leaves the shooters hand, the free-throw shooter and players behind the shooter can enter once the ball hits the rim.
8. There are no special restrictions on the type of defense used. You may use zone or man-to-man. **A full court press will only be allowed during the last 2-minutes of the Second half if the score is within 10 points or less.** At all other times there can be no defense played until the ball crosses the half court line. Exception: **if a team is leading by 10 points or more they will not be allowed to full court press.**
9. Any player receiving an unsportsmanlike technical foul will sit out eight (10) game-time minutes. If a player receives two unsportsmanlike technical fouls in a single game, he/she will be ejected for the remainder of that game and the next game. A meeting with the program coordinator is required before that player is eligible to return to the league. Three unsportsmanlike technical fouls accumulated during the season will result in immediate suspension from league play.
10. Coaches are encouraged to coach from the bench. If 2 coaches are on the bench only 1 can stand up in front of the bench. Yelling at officials, players, opposing team/coach will not be tolerated. Technical fouls can be called if such behavior happens. Team coach must stay in front of their own bench at all times.

11. Any head coach receiving an unsportsmanlike technical foul will be required to sit down on the bench for the remainder of the game. If a coach receives two unsportsmanlike technical fouls in a single game, he/she will be ejected for the remainder of that game and the next game. A meeting with the program coordinator is required before that coach is eligible to return to the league. Three unsportsmanlike technical fouls accumulated during the season will result in being suspended from league play.

12. Each team can receive two, 30 second timeouts per half. Unused timeouts in the first half do not carry over to the second half.

13. There will be no overtime periods. If the game ends in a tie, it is a tie.

14. CHRC, at its sole discretion, reserves the right to revise rules at any point during the season if necessary.