



Adult Indoor Pickleball League

Fall League 1 – October 5 – November 5

- \$60 per team
- 6 teams max/division
- One Match played each week
 - Best 2 out of 3 games
 - Play to 11 win by 2
- 5-week league, round robin schedule generated at random.
- Registration closes September 30th
- Must be at least 18 years of age to play
- **Register ONLINE at CHPRSA.ActivityReg.com**

Division (Doubles)	Time	Day
3.0 Men's	6:00pm-7:00pm	Monday
3.5 Men's	7:00pm-8:00pm	Monday
4.0/4.5 Men's	8:00pm-9:00pm	Monday
3.0 Women's	6:00pm-7:00pm	Wednesday
3.5 Women's	7:00pm-8:00pm	Wednesday
4.0/4.5 Women's	8:00pm-9:00pm	Wednesday
3.0 Mixed	6:00pm-7:00pm	Thursday
3.5 Mixed	7:00pm-8:00pm	Thursday
4.0/4.5 Mixed	8:00pm-9:00pm	Thursday

CHRC Pickleball League Rules

One match per night, best 2 out of 3 games, or whoever is winning at the end of 45 minutes (*whichever comes first*).

Team with the most wins at the end of the season wins a CHRC Pickleball Champion t-shirt. Tiebreaker determined by head-to-head result.

No on court officials, be honest in calls. If you're undecided on a point, redo the point.

CHRC staff reserves the right to adjust division level registration, if necessary.

Please social distance as much as possible, especially when you're not actively playing.

Self-Symptom checks as you walk into the Rec center before your games for the evening. If you're feeling sick, please stay home and your game will be made up another evening.

Please check in at the main desk prior to entering the gym, and note that there is not a site supervisor for this league; **players are responsible to know their opponent, are also charged with setting up and taking down nets/barriers each night.**

Please be respectful of facility scheduling and note that the gym is programmed on a daily basis up to the start of league play; do not show up unreasonably early before or linger longer than necessary after your match.

Other league specific rules will be communicated prior to the first scheduled matches.

GENERAL GAMEPLAY AND REMINDERS

Scoring

Each game will be played to 11 points (must win by two points), only serving team can score

The player who is serving should declare the score before each serve, saying their team's score first and the opposing team's score second.

A team wins the match when they have won two games (best two-out-of-three games).

Double-Bounce Rule

Each team must play their first shot off of the bounce. That is, the receiving team must let the serve bounce and the serving team must let the return of the serve bounce before playing it. Once these two bounces have occurred, the ball can either be volleyed or played off the bounce.

The Serve

Serves are to be made diagonally, starting with the right-hand service-square and alternating each serve. The serve must clear the seven-foot non-volley-zone in front of the net and land in the diagonal service court.

Determining Serving Team

Coin toss determines who will serve first; winner of toss choose to serve or be served to.

Volleys

To volley means to hit a ball in the air without first letting it bounce. In Pickle-ball®, this can only be done when the player's feet are behind the non-volley zone line/kitchen (*seven feet behind the net*).

Fault

A fault is committed when the ball:

1. Is hit out of bounds
2. Does not clear the net
3. Is volleyed from the non-volley zone
4. Is volleyed before a bounce has occurred on each side
5. After any of these the serve goes to the other team.

Have fun and enjoy playing Pickleball! ***Working is only temporary, Pickleball is forever!***

If there's any questions or concerns, please contact Ethan Jones (Recreation Program Coordinator) via email at ethan@cottonwoodheights.com or 801-943-3190 ext. 154.



