

BUTLERVILLE DAYS 5K

Saturday, July 22

runcottonwoodheights.com



7500 S. 2700 E., Cottonwood Heights, UT 84121

- Packet pickup is Friday, July 21 from 4-8pm and the morning of the race from 6-6:50am at the Cottonwood Heights Recreation Center. Race instructions will be sent via email; you'll only receive your bibs, pins and shirts at packet pickup.
- If you have participated in this race before, be sure you are familiar with the **NEW ROUTE** as it is almost entirely different from the previous route (map below).
- Race will begin at 7:00 am on the east side of the Cottonwood Heights Recreation Center, in the small parking lot next to the outdoor pool.
- Plan on arriving **EARLY** for the race. Carpooling or being dropped off is recommended, and parking is available on the south side of the Recreation Center. The small parking lot and some of the neighboring streets will be blocked off.
- If your dog or dogs join you in the 5k, please make sure they are on a leash and be sure to clean up after them.
- Strollers are welcome but must line up at the back, behind the other runners at the starting line.
- If you are a slow runner or plan on walking, please also plan to start near the back of the line.
- **Although most intersections are controlled by police or volunteers, please be aware of cars at all times as this course is still open to traffic.**
- **Route is marked both with arrows on the roads at all intersections and with lawn signs at applicable points.**
- After finishing, please be cautious when heading back to the Recreation Center, where there will be plenty of refreshments on the pool deck.
- Awards will happen at the pool deck starting at 7:50 am. Medals will be awarded to the overall male and female adult winners, with medals also provided to 1st-3rd place in each age division for males and females, respectively.

