

YOUTH TENNIS & PICKLEBALL LESSONS



SUMMER 2023

Two-Week Sessions, 8 Lessons

Session 1

June 5-15

Session 2

June 19-29

Session 3

July 10- July 20

Session 4

July 31-August 10

Youth tennis and pickleball lessons are targeted at youth ages 6-16 who are beginner or intermediate skill levels.

Each session includes 8 lessons, held Monday-Thursday for two weeks. Makeup lessons will be held on Fridays.

Lessons will be separated by sport, with Tennis Lessons teaching tennis and Pickleball Lessons teaching pickleball.

Beginner: This player is just starting tennis and pickleball or has limited playing experience. This player will be introduced to basic strokes, scoring, rules, and court etiquette. This player will experience age appropriate court play.

Intermediate: This player will continue with stroke development, understanding of game fundamentals, and become more proficient at sustaining a rally. This player will experience age appropriate skill development focus.

****LESSONS FOR BOTH SPORTS WILL RUN AT THE SAME TIME, WHICH IS LISTED BELOW****

Session Information

Age	Level	Times	Member/ Non Member	Location
6-8	*Beginner or Intermediate	8:00-9:00am	\$45/\$55	Antczak Park
9-11	*Beginner or Intermediate	9:10-10:10am	\$45/\$55	Antczak Park
12-16	*Beginner or Intermediate	10:20-11:20am	\$45/\$55	Antczak Park

***BEGINNER ONLY CLASSES FOR PICKLEBALL; BEGINNER AND INTERMEDIATE FOR TENNIS**

Registration: Opens Monday, April 17 @ 6:00PM

Registration is online only, at
Chprsa.activityreg.com

Questions?

Derek Nelson
Recreation Coordinator
801-943-3190 ext. 137
derek@cottonwoodheights.com

