## YOUTH TENNIS & PICKLEBALL LESSONS



## **SUMMER 2023**

Two-Week Sessions, 8 Lessons

Session 1	Session 2	Session 3	Session 4
June 5-15	June 19-29	July 10- July 20	July 31-August 10

Youth tennis and pickleball lessons are targeted at youth ages 6-16 who are beginner or intermediate skill levels. Each session includes 8 lessons, held Monday-Thursday for two weeks. Makeup lessons will be held on Fridays. **Beginner:** This player is just starting tennis and pickleball or has limited playing experience. This player will be introduced to basic strokes, scoring, rules, and court etiquette. This player will experience age appropriate court play.

**Intermediate:** This player will continue with stroke development, understanding of game fundamentals, and become more proficient at sustaining a rally. This player will experience age appropriate skill development focus.

Session Information						
Age	Level	Times	Member/ Non Member	Location		
6-8	Beginner or Intermediate	8:00-9:00am	\$45/\$55	Antczak Park		
9-11	Beginner or Intermediate	9:10-10:10am	\$45/\$55	Antczak Park		
12-16	Beginner or Intermediate	10:20-11:20am	\$45/\$55	Antczak Park		

Registration: Opens Monday, April 17 @ 6:00PM

Registration is online only, at Chprsa.activityreg.com



## **Questions?**

Derek Nelson
Recreation Coordinator
801-943-3190 ext. 137
derek@cottonwoodheights.com

