

Jr. Polo & Splash Ball

Summer 2022

Splash Ball

This is a beginner level program meant to provide participants with the basic knowledge and foundations of Water Polo while promoting team work, physical fitness, and sportsmanship.

Jr. Polo

Jr Polo is our Pre-Competitive Water Polo program meant for players with prior knowledge and skills specific to the sport. To join participants must be able to complete 50 yards of freestyle & backstroke, 25 yards of breaststroke, and tread water without the use of their hands for 1 minute.

Coaches will introduce athletes to the skills needed for Heights Water Polo Club.

Not a strong swimmer but want to try it out? No problem!
We provide our players with the proper equipment to keep you afloat.
Come and try it out today!

Tuesday and Thursday 5-6 pm
(indoor dive tank)

Dates	Fees
June 7-23rd	Member: \$48 Non-Member: \$56
June 28-July 14th	Member: \$48 Non-Member: \$56
July 19-Aug 4th	Member: \$48 Non-Member: \$56

Find complete program information and register online
@CottonwoodHeights.com



Questions?
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